










Nasoya Organic Tofu



Product Image	Product/ Serving Size	Calories	Total Fat (g)	Saturated Fat (g)	Total Carb (g)	Protein (g)	Calcium (% DV*)	Ingredients
	Cubed Super Firm Tofu 2.8 oz (79g)	100	5	1	3	10	15	WATER, ORGANIC WHOLE SOYBEANS, CALCIUM SULFATE, MAGNESIUM CHLORIDE.
	Extra Firm Tofu 1/5 Pkg (79g)	80	4	0.5	2	8	6	WATER, ORGANIC WHOLE SOYBEANS, MAGNESIUM CHLORIDE.
	Firm Tofu 1/5 Pkg (79g)	70	3	0	2	7	10	WATER, ORGANIC WHOLE SOYBEANS, CALCIUM SULFATE, MAGNESIUM CHLORIDE.
	Soft Tofu 1/5 Pkg (79g)	60	3	0	1	6	10	WATER, ORGANIC WHOLE SOYBEANS, CALCIUM SULFATE, MAGNESIUM CHLORIDE.
	Silken Tofu 1/5 Pkg (91g)	45	2	0	1	4	6	WATER, ORGANIC WHOLE SOYBEANS, CALCIUM SULFATE, MAGNESIUM CHLORIDE.

*Percent Daily Values are based on a 2,000-calorie diet



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	Garlic and Onion Flavored Firm Tofu 1/4 Pkg (85g)	90	5	1	3	8	4	WATER, ORGANIC WHOLE SOYBEANS, MAGNESIUM CHLORIDE, NATURAL FLAVORS, SALT.
	Chinese Spice Seasoned Firm Tofu 1/4 Pkg (85g)	90	5	1	3	8	4	WATER, ORGANIC WHOLE SOYBEANS, ORGANIC SOY SAUCE (WATER, ORGANIC SOYBEANS, SALT, ORGANIC WHOLE WHEAT) MAGNESIUM CHLORIDE, NATURAL FLAVORS.






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	Lite Silken Tofu 1/5 Pkg (91g)	30	1	0	0	6	30	WATER, ORGANIC WHOLE SOYBEANS, SOY PROTEIN, TRICALCIUM PHOSPHATE, CALCIUM SULFATE, MAGNESIUM CHLORIDE, VITAMIN E ACETATE, VITAMIN A ACETATE, VITAMIN D2, VITAMIN B12.
	Lite Firm Tofu 1/5 Pkg (79g)	40	1.5	0	1	7	15	WATER, ORGANIC WHOLE SOYBEANS, SOY PROTEIN, CALCIUM SULFATE, MAGNESIUM CHLORIDE, VITAMIN E ACETATE, VITAMIN A ACETATE, VITAMIN D2, VITAMIN B12.

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Nasoya All Natural Pasta

Product Image	Product/ Serving Size	Calories	Total Fat (g)	Saturated Fat (g)	Total Carb (g)	Protein (g)	Calcium (% DV*)	Ingredients
	Chinese Style Noodles 1 Cup (78g)	210	0.5	0	43	8	2	ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), WATER, SALT, WHEAT GLUTEN, VINEGAR, EGGS, EGG WHITES, CORNSTARCH.
	Japanese Style Noodles 1 Cup (78g)	210	0.5	0	43	8	2	ENRICHED WHEAT FLOUR [FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID], WATER, EGG WHITES, SALT, VINEGAR, CORNSTARCH.
	Round Wraps 10 Wrappers (60g)	160	0.5	0	31	6	2	ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), WATER, SALT, WHEAT GLUTEN, VINEGAR, EGGS, EGG WHITES, CORNSTARCH.
	Won Ton Wraps 8 Wrappers (60g)	160	0.5	0	31	6	2	ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), WATER, SALT, WHEAT GLUTEN, VINEGAR, EGGS, EGG WHITES, CORNSTARCH.
	Egg Roll Wraps 3 Wrappers (66g)	170	0.5	0	35	7	2	ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), WATER, SALT, WHEAT GLUTEN, VINEGAR, EGGS, EGG WHITES, CORNSTARCH.

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